



J. Young



A. Oxley



C. Trotman



D. Reich









P. Tobias



B. Lillicrap



T. Daley



W. Harrison



G. Porter



M. Griffin



J. Peterson



D. Head



A. Secord



D. Grills



C. McCormack



J. Scott



M. O'Grady



N. Easton



T. Wetmore



J. Fisher

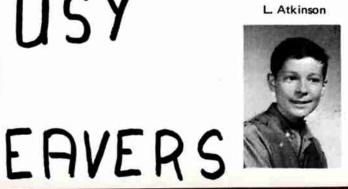


D. Batchelor









C. Jordon





D. Burch



D. Burchell



D. Buschlen



R. Carkner



R. Chisholm



T. Cummings



P. Dennis



I. Falconer



L. Garvin



B. Gochnauer



P. Green



M. Griffin



J. Hanrahan



S. Isaak



L. James



D. Johnston



K. Kingsbury



H. Kouwenberg



J. Ladouceur



J. Ledin



W. McDonald



B. Mortimer







R. Mortimer



B. Stone







R. Webb



T. Williams





R. Wilson

L. Schwabe





· Adele C. 2-Nadia C.

3. Barbara H.

4. Kareng. 5. Rod M.



6. Ricko M. 7. Brenda S. 8. Audrey V. 9. Marilyn B. 10. Paul G.









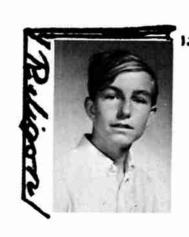




















11.5 and y W 8. 10. Debbie C.



15 Cathy M. 16 Debbie 5. ITPhilip H. 18 Christinel







J. France





S. Deck



M. Cambell



M. Brynaert



L. Brett

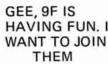


E. Black

I GOTTA 'URRY.



D. Frayn





HAVING FUN. I WANT TO JOIN



S. Roberts



Rowe

I WANT T'A SEE 9F'S 'OME ROOM, IT'S ROOM 101



S. Green

J. Heseltine



J. Johnston



A. Kerr



D. Laronde



D. Luten



B. MacNichol



J. Paithouski

- A is for Anne Our beloved class president
- is for Brenda В A friend of the rats
- C is for Cathy Our own Chatty Baby
- D1 is for David He'll learn French yet, maybe?
- D2 is for Debbie A really great swinger
- D3 is for Diana Our warbling singer
- is for Doug D4 Participant in our crimes
- E is for me, (that is, Elizabeth) Creator of this rhyme
- is for Jim Who's on the Ball
- is for John France Unpredictably coy
- J5 is for the other John An Einstein at funning
- is for Linda Brett A star in the running



L. White

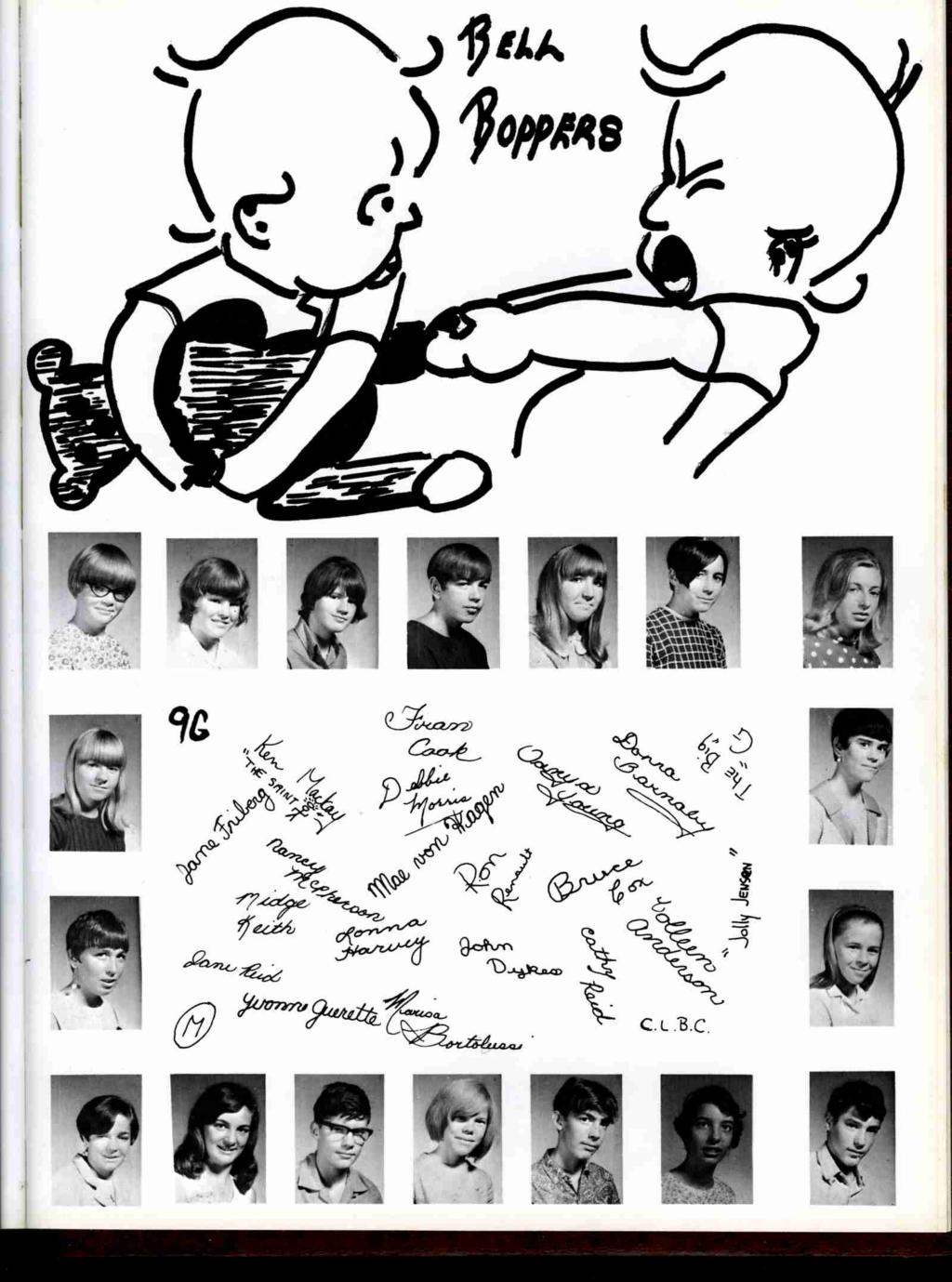


D. Wilhelm



C. Williams

- J2 is for Jo-ann Our Chinese doll
- J3 is for Joe A pretty good water boy
- is for Linda White Who blond hair does not lack
- M is for Marken (We're glad he came back)
- M2 is for Mel Unforecasted by far
- S is for Severn A Canadian we'll make of him yet, by Gar!
- is for Steve S2 Not always a flop (Ha Ha)
- **S3** is for Susan Her hair now all chopped off And last but not least Our twenty-first letter
- is for Wendy Our Basketball "star"





T. Denbigh





J. Conway



R. Proulx



K. Parker



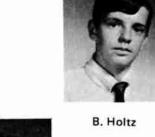
M. Gosson



R. Tennuci



B. Wilson





J.M. McKay



B. Patterson

D. MacCawley



M. Vallillee

J. McKay



R. Farmer



D. Plummer



M. Thompson



I. MacDonald



D. Swanson



D. Arminas



R. Campbell



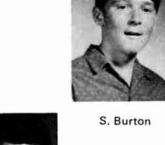
J. Brunton



E. Moore



H. Krusch





K. Comiskey



J. Baker



D. Bingham



R. Campbell



D. Lutz



Deby Belding



Christine Foley



Karen Rector



Edith Leblanc



Barb Truscot



Giselle Legault



Diane Everson

TRUTH

So hard to take I swallow

It lies twisted,

Mis-shapened

I have won.

It fights -

It catches in my throat

My body, my mind, My soul rejects it -

Truth



Joanne Vona



Wendy Dupont



June Dinelle



Elaine Lebelle

Helen Campbell

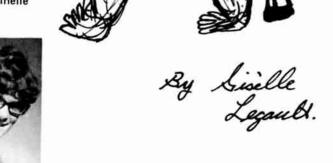


Bonita Kirkham





Sharon Forster



I had a calf That's half Put him in a stall That's all.

Helen Campbell

We stand here today Not tomorrow Before you: not behind you To address you

Not impress you.

Wendy Dupont

It's the middle of Nov., No progress since Sept., But the best is to come, So something must be done.

Edith Leblanc

Bonita Kirkham



Connie Delaney



Mary Ghattas



Karen Macdonald

9 K











V. Campbell C. Carwardine E. Cavanaugh S. Crawford M. Elliott













W. Elliott
J. Everson
R. Le Blanc
J. McAllister
L. McCuaig
A. McIntyre













D. McKellar J. Middleman L. Moore S. Novell L. Szabo L. Vere











R. Wilhelm R. Wright L. Beauchamp D. Boudreau R. Coker











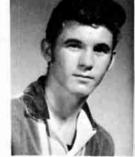


R. Conlon J. Delorme J. Errington D. Fitzsimons H. Flentje S. Jerome













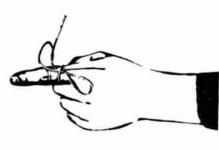
T. Kroeger B. Legere V. Leighton R. Livingston J. Nielsen W. Moore



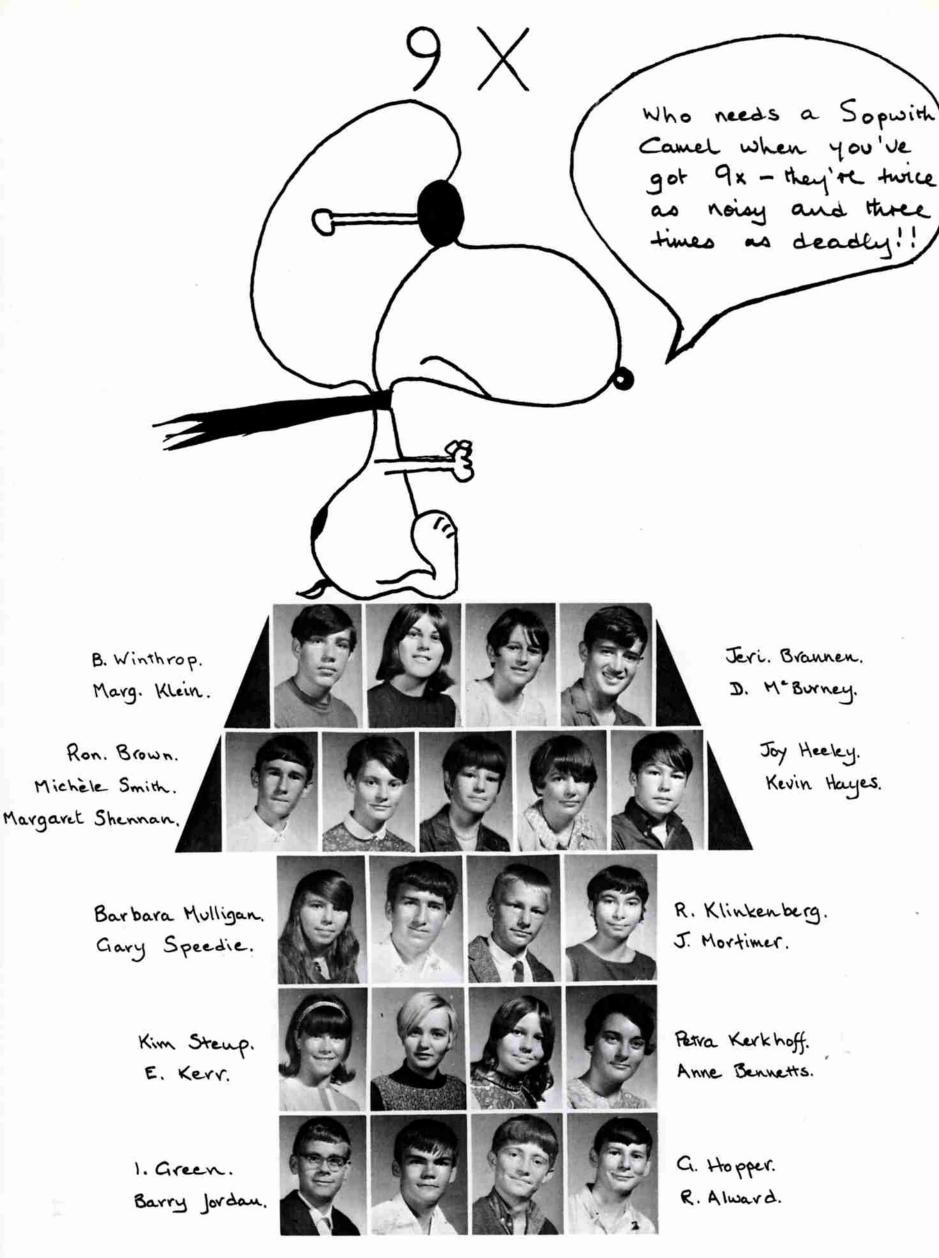








K. Seveny J. Taillon G. Tinling F. Villeneuve



11K











M. Brennan S. Bernot J. Carberry B. Chamberlain M. Chinkinsky













P. Comberbach L. Eno D. Ginies G. Gosson B. Hughes V. Sandulo













J. Seed A. Sweetapple D. Tierney J. Walker R. Warburton T. Woodward













L. Darrell M. Ingersoll W. Kelly R. Kemp W. Knox











M. Maubach

C. Shover B. Sibley J. Tzchaikowsky M. Beamish













C. Deeble D. DeKergommeaux J. Douglas D. Dujay C. Follows P. Gribble











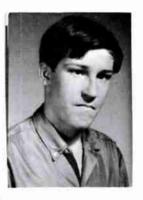


G. Hebbert B. Knox R. Macleod K. McLean C. O'Connell N. Reeves

NO PHOTO AVAILABLE



101



NO PHOTO



D. Conlon









NO PHOTO



B. Dougan R. Elliott T. Fellows P. Foley E. Gilchrist K. Giles













G. Graham B. Hamilton G. McAinsh M. O'Callaghan R. Renault G. Schmidt







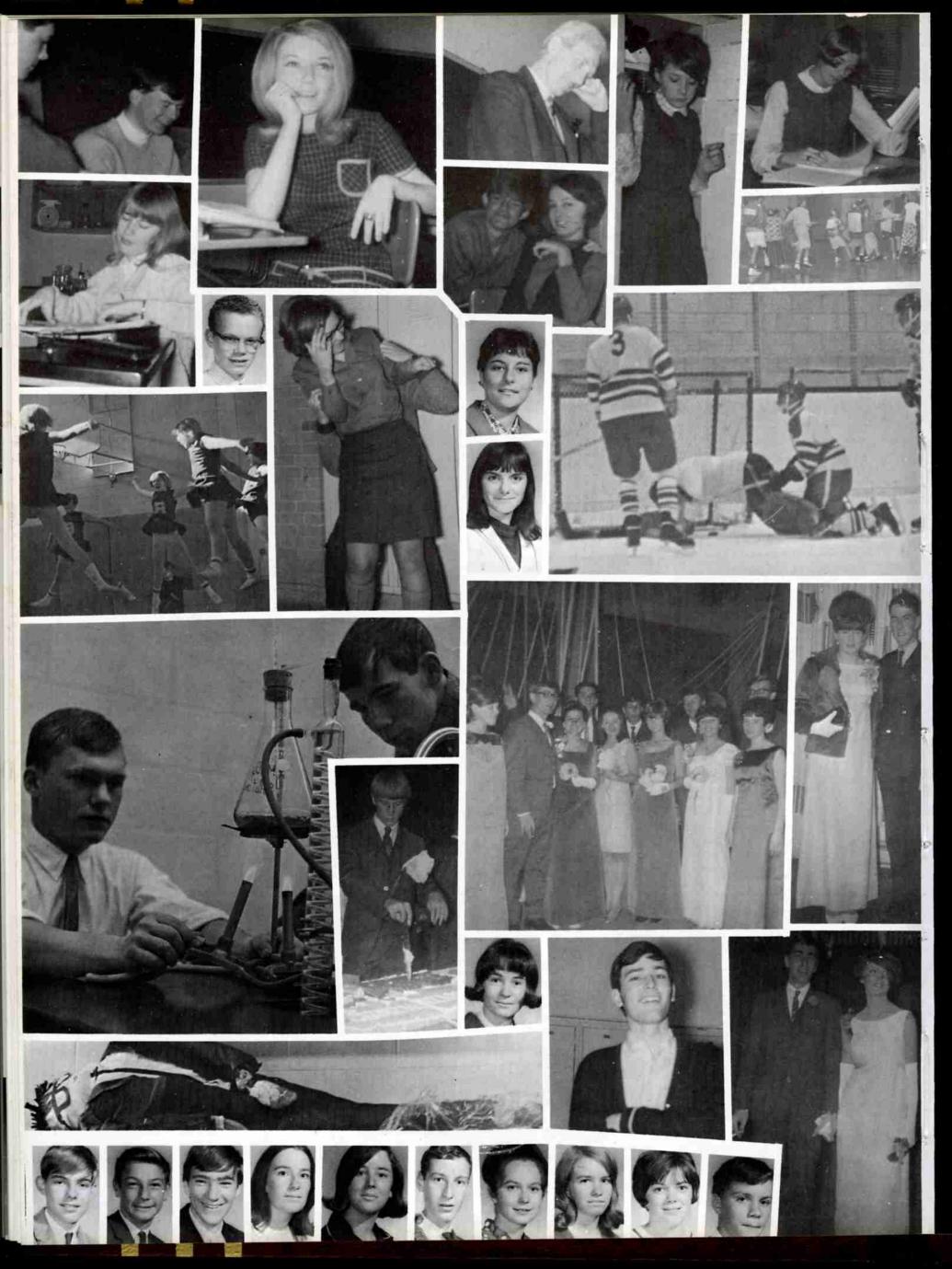






D. Shestalo G. Stinson W. Stinson E. Thompson N. Vallillee F. Villineuve





TERATURE

ODE TO BELL HIGH

Bless this school, O Lord we pray, In which we toil day by day. Bless the staff so staunch and stout Handing late detentions out, Bless our over-paid teachers all Who sent us to the study hall, Bless our homework, by the ton And the furnace that doesn't run.

Bless the films we seldom see
And bless that once-a-month assembly,
Bless sweaty gym suits and long, greasy hair
Bless our little pre-physics test prayer,
Bless Mr. McGillivray and his stern look
Bless compulsary poems for this Yearbook,
And most of all, dear Father in heaven
Help me get through grade eleven.

- Pat Chamberlin 11D (First Poetry)

A PARODY ON HAMLET'S SPEECH

"To be, or not to be: that is the question." It is the thoughts of a grade twelve student after a mixed health class discussing morals.

To kiss, or not to kiss: that is the question: Whether 'tis nobler for our constitution to suffer

The looks we get while shaking hands good night,

And by kissing start communication?

To shake — to kiss

No more; and, by shaking to say we avoid

The chapped lips and rawness in our mouth
That we, are told, will suffer (for lack of
communication to explain further on
behalf of physical education department the detriments) 'tis a consumation
Devoutly to be wished. So we discuss - to
shake, to kiss

To kiss: perchance to neck; ay, there's the rule!

For in that partner's mind what dreams may come?

When in the ecstasy we realize what we have started,

Must give us pause.

- Gena Young 12E

A French Cabinet Meeting or How to Succeed at Meddling in Other Nations' Affairs by Really Trying

(Conceived while reading Act IV, Sc. 1 of Macbeth)

Setting: the cabinet room of the Elysée Palace; the twenty cabinet ministers of the French government are seated around a long table, discussing French foreign policy.

DeGaulle: Round about the cauldron go
In the Canadian federalists throw;
I went to Quebec and gave a speech
Which many considered to be a

breach

Of that country's internal affairs I said, "Vive le Québec libre!" And people thought I had a fever To say a foolish thing like that: I just want the cauldron hot!

All cabinet members: "Double, Double, toil and trouble
Fire burn and cauldron bubble."

DeGaulle: Add the American eagle's wing To this lovely, good thing

Which is before mine eyes
I love to give the world a surprise
To show that we shall overcome

And that we shall overco.

And that we shall shun

Each and everything Anglo

For each and everything DeGaulle! Add the toothless English bulldog

Add the toothless English For it forms a bad cog In my vision of a Europe Which with a big hope

Which with a big hope
Will go from Atlantic to Urals
Without those Anglo fools!
Add thereto Israel's chaudron
For the ingredients of our cauldron.

Cool it with American gold Then the charm is firm and bold

Double, double toil and trouble, Fire burn and cauldron bubble.

DeGaulle: By the flapping of my mouth Something good cometh!

- Mike Reid 12E

All:

HIGHLAND HOME

His tartan is blown by the coastal breezes. The ribbons of his tam flutter about his shoulders as he sits, alone, on the ragged shore. He rises and the light-spirited wind catches the folds of his kilt, thus making them pull at the highlander, as if pulling him toward the homeland.

Visions of green and purple moors flood into his very soul, his mind, and most of all, his heart. The sounds of the pipes come to him as they used to come from across the heather. He can see the tartans of his friends and loved ones as the wind caught them that day as he

left the highlands.

The biting cold of an ocean gale wakes him from his thoughts and he realizes that he was dreaming. He moves away from the spitting wetness of the waves and again thinks of home, and the many times he had gone to sit with his brother on the massive rocks by Glen Goihn, and he remembers now his brother despaired at his leaving. The highlander ponders the question. As he wonders about Sean, he queries if Sean is thinking of him.

His brow becomes furrowed as he realizes that his brother can never think of him again, for he is gone, gone to a land where the hillsides are forever in bloom with heather, of the

brightest hue, and where the skirll of the pipes never ceases.

The sea becomes more violent and the highlander mournfully moves away from the stinging spray, and as he lifts his pipes to play a final tribute to his home, his hand rises to his cheek and wipes away a tear.

- Jean Burchell 12A (First Prose)

RESOLUTION

I often sit and wonder About this world to-day, Of people who are close to me And those so far away.

Of wars and politicians
That dominate the news,
Of the sick and starving children
And the Hippies and their views.

I sit and wonder and I pray
That I may also help one day,
To strike a blow, in my community
For peace on earth and world wide unity.

- P. Desrosiers

THE DEATH OF WINTER

Dying Winter lay quiet and wept,
Her soft white curved body
Shrank with every new tear,
Her shadowy lips were silenced with the coming
of death,
Brown streaks broke the paleness of her skin,
She began to fade
Growing thin and weak
Until with coming of spring
She was gone.

- Wendy Pickard 12A



SINNER TO SAINT?

A fine painter took a woman from the street. She was a shameless woman but very beautiful. He asked her to sit for him so he could paint her. With his paint and brush he hid all trace of her unclean past. A baby he painted in her arms. To him she was what she could have been if things had gone better for her. She looked at his picture, laughed and left. She thought nothing more about it. Then one day a connoisseur came to the painter's humble abode and when he saw the painting he exclaimed "It must be Mary, the Mother of God." So the painter painted a halo around her head and sold her for good money. Now she hangs in a church for all good Christians to see.

- Debbie Allen 11E

FEAR

Fear is knowing you will die In some rice paddy In Viet Nam The unknown soldier. Fear is knowing you will live on Forever Into infinity, Watching others Around you Die. Fear is the almighty God Stealer of souls. Fear is the devil Fire and red hot coals. Fear is to love For nothing in return. Fear is the dark Symbolic of the evil Of mankind Through the ages. Fear is the thunder And God's wrath Wrought down Upon the evil earth. Fear is hate And He is bigger than you. Fear is reincarnation Tarantulas and Poisonous snakes. Fear is fire That dances with Psychedelic colour Before widened eyes. Fear is a girl shunned? Because of Psychological shyness. Fear is your friends Because they're better than you.

Fear is a drunk With fury and wrath Produced from A swaying Yet happy man. Fear is stealing And knowing you can't win. Fear is cheating Your wife knows, And likes lots of Alimony. Fear is being ruined And Disgraced because Of your extravagance. Fear is slander And being helpless. Fear is twenty-one And the life ahead Full of disappointment And failures. Fear is money When there is none. Fear is money When there is too much. Where does happiness lie? Fear is a secret And blackmail And telling it To Gossip's ear. Fear is the cold, An icy shiver Through the soul. Fear is the heat When the sweat Pours down Yet can't be drunk. Fear is Yourself Because what is in you Is Fear!

- Grant Yoxon 12A (Second Poetry)

COMMUNICATION

He sat on the bench awkwardly, like a little boy, lost in a deep reverie. The crystal in his hand fascinated him; coloured light danced about it like a spastic rainbow. The girl beside him smiled, "I wonder what he is thinking; if he would only try to tell me, perhaps I would understand." The light winked and flashed at her like something out of the "Arabian Nights." "It's a Maharanee's jewel box," she decided, and was lost in childhood dreams of crystal palaces and fairy queens.

The boy's mind was filled with half forgotten memories; a chapel visited long ago, the sunlight streaming through stained glass windows. Reflected light on crusty crystalized snow, a patch-

work quilt, the frosty glow of the Northern lights - all these he saw and more.

A man with a broom went past sweeping up the shrivelled autumn leaves, portents of death, as he went, "Hippies", he spat; and never saw the light.

> - M. Edmunds 12E (Second Prose)

DATING (revised)

There will be times in your dating career, when for one reason or another you will be forced to say "no" to a boy. It is a difficult moment at best, and certainly one you should not face without adequate forethought and a prepared plan.

For instance, what do you say when a boy you never want to see again asks for your telephone number, so he can call you for a date? The suave thing to do is give him your correct number - but the wrong name. That way, when you pick up the phone and a voice asks for Lucretia Lunt, you

know who is calling and say you're sorry, she doesn't live there.

The problem of saying "no" extends into other areas such as the good-night kiss. You will often find the only practical way of saying "no" is to say it. When a boy asks a girl if he may kiss her, the way a child asks if he may take three giant steps, he probably deserves and should receive a straight forward and negative reply. The problem arises, with the boy who does not stop to ask first.

Magazine writers and columnists discuss the question of whether or not to kiss on the first, second date etc. The only solution they put forward as to how not to is the recommendation that you hold the boy off gently (and gently seldom works) while saying "Please Averil, I don't feel I

know you well enough" or "Let's go get something to eat."

Now occasionally, I suppose this type of thing works, but it's more pleasant if the situation never arises. There are certain steps to eliminate this action: The most successful way of avoiding any attempt at a kiss consists of simply eating an apple. It is highly unlikely that your young man will become ardent while you are chomping on a juicy red McIntosh. Actually, a banana or stalk of celery does equally well. The important thing is to keep your mouth full when you're about to say good-night. This causes an indistinction of diction which you overcome by nodding your head wildly.

Occasionally, your date will linger outside the door — or worse still, you may be caught in a car or taxi. In such cases the fruit can not help, but fortunately there are several alternatives.

A fool-proof one involves carrying a lollypop or all-day sucker in your handbag. Bubble gum is equally effective, and so is a cigarette. Simply lick, suck, blow or puff strenuously as you approach home territory. Should you be caught out someday without your supplies, try a severe case of the hiccups. Not only are they less fattening, they are very discouraging to the young romantic.

As to try to get your date "to" kiss you that is a different problem. I leave it up to you as to how to get him to make advances. I'm sure you won't find it too difficult if I know boys.

- Davida Coleman 11C

A shot rang into the dark, then another, and another, each getting louder and closer. In a pit one soldier, among many, yet alone, lay awake with sweat running down his face. He was in a daze of complete concentration, wondering if he would pull through this upcoming battle or fall like a mass of others, a soldier unknown. Sure he would have a burial, a shallow grave, no family or friends attending, no priest, only a few men hurrying to get the unpleasant task over with. Would he be afraid to die? A man of twenty, a man who hasn't really lived? But it was his duty to fight for his country. He pictured his family hearing the news of his death through a telegram. Of course his mother would cry, but he knew his dad would be brave and comfort her. "Oh War! why rob us of our youth?" resounded through his brain. Then the moment arrived. Guns blasted back and forth, and the noise of exploding shells

Then the moment arrived. Guns blasted back and forth, and the noise of exploding shells echoed through the air. There was a moan from beside him, and he turned just in time to see the agony of death expressed across a soldier's face. He did not mean to cry, but it only seem-

ed fitting to give him a few moments of grief for his death.

The battle over, he looked around realizing many of the men, who moments ago, had been breathing and living, now lay dead. He sank to his knees and prayed, thanking God for letting him live. The only question which remained was how many more "hells" would he have to go through, before people would realize that war was useless?

- Judy Robberstad

WHO

Who's to say what's right or wrong? Who's to say what's short or long? Who's to say it's cold or hot? Who's to say it's not a lot?

Who's to draw the little line
That's to distinguish rough from fine?
Who's to say it's washed or rinsed?
The answer's simple:
It's your conscience!

- Rick Beveridge 12C

VIET NAM

People running, bullets screaming Children crying, War! Men shooting, bombs falling, More corruption, Fear! Death reigns o'er small Viet Nam

- B. Beveridge 12D

I was born of woman, I was conceived of man, I am doomed for different My skin will never tan!

- Adair Jackson

Does a brave heart melt, When it thinks of pain Or sorrow or death Or the deeds of Caine?

Can a heart hold strong When it acts a dream Or hears a shadow Or feels the unseen?

I have dreams,
Without faces.
I see pain,
Without tears.
I see joy,
Without laughter,
I see love,
Without feeling.
I see life,
Without DEATH.

- Sofia Zurawlev 12A

THE LOST MINORITY

How many are there in this land Who cannot use their precious mind And need a kind and helping hand To seek what they are bound to find? For they are helpless, left alone Confined to limits in demand, The group would leave it's quiet tone And let them die without a stand.

They cannot know of pride or shame Or differences of love and hate, And seldom learn to write their name And deviate their thoughts from fate. At night they sleep the empty dream The bitter flavour of their state, They know not if they are supreme Or if their time is growing late.

A malformation may arise
Upon the victim of this plague,
Inhuman sound their ghasty cries
But who would want to make a trade?
Sensations of a frightful pain
Are terror to the body's touch,
Unstructured is the fractured brain
Which feeds the spirit with too much.

But some find happiness this way
And live a life of splendoured ease,
Who loves the night as well as day
Enjoys the same synthetic trees.
Their toxic mind is full of joy
They laugh with every pleasant breath,
Their world is but a playful toy
This lost minority loves death.

- Bruce Geerts 11D

FLOW GENTLY SWEET OTTAWA

Flow gently sweet Ottawa among thy green slime, Flow gently, I'll sing thee a song of our time, My river's asleep by thy furthering pollution Flow gently sweet Ottawa until a solution.

Thou sewage whose echo resounds through the bay, Ye wild wilting vegetation at the bank's clay, Thou green infested drink water thy contamination forbid,

I charge you please clean-up our river morbid.

Flow gently sweet Ottawa the theme of my lays, Flow gently sweet river by counting the days, For Ottawa's plan proves very extensive Which Industry Villains find very expensive.

- B. Pearce 12E

FAREWELL EXPO '67

A cold wind blew in from the St. Laurence Seaway, As sixty-seven gun's boomed through the cold crisp air,

Over one thousand acres, naked and bare,
And echoed in peoples' ears for many a day,
But nobody's faces were happy and gay,
Some people even shed a tear or two
But at this ceremony that was nothing new
Speeches were given but there wasn't much to say,
"Au-Revoir — till we meet again
Was substituted for bon soir and good-bye,
Will the spirit ever die,
No, it's Canadian.
A Canadian spirit will always endeavour,
And in Canadian hearts it's Expo forever.

- Andy Sweetapple 11K

WHAT IS FRUSTRATION?

Frustration is when you've worked all week-end on an important assignment and then you obtain a zero because you left it at home on Monday

Frustration is when you've waited all week to go to that dance on Saturday night with that dream guy and you get your report on Friday

Frustration is when your mother bawls you out for not brushing your teeth that morning in front of your boyfriend.

Frustration is when you're babysitting and one of the kids spills milk all over the livingroom rug a minute before his parents are due home.

Frustration is when you are trying to make a good impression on your boyfriend's parents and you trip on the hall rug.

Frustration is when there is a Sadie Hawkin's dance at school and you can't get up enough courage to ask that special boy.

- Janice Paskell 11E

PRINCE OR PAUPER?

His eyes were a deep grey-blue, accented by a distinguished brow, placing them ever in shadow. The face was long and angular, the mouth rigid. No emotions showed, no light in the eyes, no twitch of the lips; he might well have been of stone.

This Lewis Burton was a man of remarkable wealth. His mansion stood away from the other houses, situated on a rise at the end of the avenue, surrounded by stately willows and a high stone wall. But it wasn't only his house that was walled in, it was Lewis himself. He was a captive of the life he had created, much too self-assured to reach out, and down, yet situated above, so that it was too much trouble to come into contact with others. The mansion itself expressed this fact, the lawn sloping up to worship the stone structure, the cold grey stone, the cold grey stone man himself.

Jim Blake lived in a different section of the city. His straw-like unkempt hair fell at odd angles around his head, the more daring pieces falling across his eyes and creeping over his collar. The whole lower portion of his face was hidden by a shaggy beard, making his features rather nondescript; their ultimate aim being simply to glorify the beard. His eyes were a sort of chocolate grey, changing colour to express his emotions. Jim lived alone on the outskirts of a large city in a small wooden structure worn and rotting away with the years. It stood alone surrounded by a paint-free picket fence. Jim met few people and had no friends. But then he didn't want or need friends.

He led the life of a writer, pouring his continuous search for truth into magazine articles which were his only source of income. He was young and rebellious, and yet he had originality and seemed to understand human nature.

Dressed in suede boots, scruffy corduroy pants and a knobby, tweedy jacket that led its private life of colour, he was thought of as "that no-good Blake." But by whose standards? For he led a good life, and rose above Lewis Burton in sincere devotion to his work and his love of life. Doesn't the real pauper live in the mansion?

- Sue Roberts 9F

LET THE RULE BE BROKEN

By Society's rule, a man must be strong.

Listen well people - let the right lead the wrong.

Help the unfortunate,

Give to the weak
Yet, the road you follow is splitting.

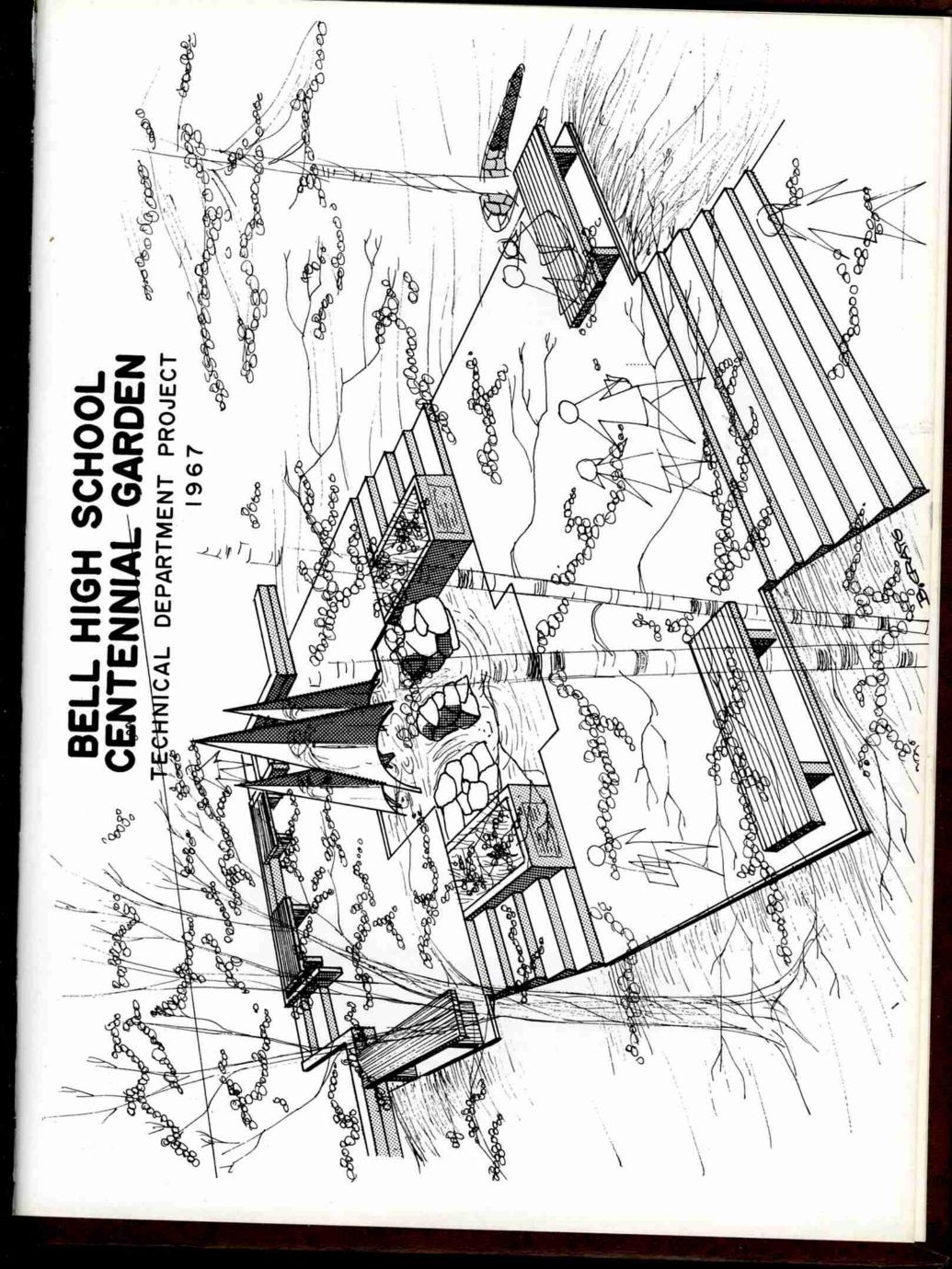
By Society's rule, a man must not cry, He must fight for no cause, and be willing to die. On to wars Of unquestioned men -Never to answer "Why?"

By Society's rule, a man must know hate, He must feel it from childhood, is it ever too late? Gather round children Learn from the wise -To hate is to live in our times. By Society's rule, a man may not trust, He must judge his fellows, suspecting their lust. Join partners with greed, Steal from the thieves -An honest life holds no future.

By Society's rule, a man's skin is his brand.
The white hates the black, and the grey lends a hand.
Feel prejudice people,
This is your code Let shame fill your coloured heats.

By Society's rule, a man dies in peace, Yet how can this be when life will not cease? Lift up your eyes To be blinded by light -For righteousness has broken the rule.

- Myrna Law 11E







CAMPUS QUEEN PAGEANT

This year's Snow Queen contest proved to be another success as last year's Princess Susan Radley was crowned by Bell's former beauty Queen, Linda Chill. Brenda Peters produced a beaming smile as she was announced to be this year's runner-up. Chris Hallam, Ann Holtz and Linda Chapman completed the array.

Deedrie Corbeil, Vern Craig of the Staccatos, Miss Anne-Marie Steenbakker, Mr. Gardner, principal of Woodroffe, and Mrs. Christine Smith from Judy Welch's modelling studios all helped to create an excellent panel of judges for this event. Thanks to such people as Rodney Sim and Ann Hill who did the organization and the Hi-Y and Key Clubs, who provided such things as roses and gifts for this occasion, another Snow Queen is able to reign at Bell.



AGTIVITIES





SPECIAL AWARDS

... B. Crockett Thirteen Math B . . . R. Robertson

. . . J. Batchelor

... H. Kraschewski

Thirteen French . . . J. Bulman ... K. VanDusen Thirteen German . . . M. Eisleb Thirteen Latin . . . K. Llott Thirteen Geography . . . P. Whiticar ...P. Beck Thirteen Biology . . . R. McDonald . . . J. Buse Twelve Drafting . . . J. Avis Twelve B. & C. . . . J. Hansen Music . . . G. Tite Thirteen Physics . . . J. Batchelor ... B. Crockett Thirteen Chemistry . . . J. Batchelor ... B. Crockett Twelve Math . . . P. Corbeil ...D. Avis Britannia Institute . . . K. Pratt

ALEXANDER, Gail E. ANDERSON, Barbara J. ARBUCKLE, Alan D. AUGUSTA, Carol F. AVIS, Jonathan G. BALL, Lisbeth A. BANDZIERZ, Radek BANGS, David G.

BATCHELOR, John T. BAXTER, Beverley F. BECK, Penelope M. BICKERTON, Richard BISSAGAR, Lorna

BLOOM, Judith

BOTTOMLEY, William J. BOWDEN, Martin G. BUSE, Jank CAMPBELL, Catherine A.

CHARNLEY, Bruce CHILL, Linda C. CLARKE, Robert COLDREY, Richard B. COLEMAN, Melissa COMISKEY, Lynda D.

CORBEIL, Deidree R.

CRAIG, Brian E. CROCKETT, Brian C. CUMMING, Patricia A.

CURRIE, Douglas DESJARDINS, Mary J. DESLANDES, Jean Claude DIZGUN, Murray H. DORION, Louise M. EDGINGTON, John EDWARDS, Jane E. EVANS, Martyn V. FISHER, Karen A.

FLATTERS, David R. GARVIN, Patricia A.

GILBERT, Gregory W. GIMMER, Melody A. GLASSFORD' Bonnie J.

GORE, Brian R. GRIERSON, John W. HAILSTONE, Colin F. HALLONQUIST, Judith A. HANSEN, Janice HANSEN, Kirk M. HAVERCROFT, Holly L. HEMSLEY, Mark A. HOLMES, David W. HOUSE, Elizabeth J. HRUSHOWY, Dennis ILOTT, Kathleen J. JABLONSKI, Christina JACQUES, Graham JONES, Dianne L. KANE, Lynda E.

KELLY, Donald J. KENTS, Ilmar

Metropolitan Life Co.

–McGill?

-Carleton

-Civic Hospital -Cambrian College

-Ottawa Teachers' College

— ?

-Canadian Aero Service Ltd.

-Waterloo

-Carleton

-Queen's

-Algonquin College -Ottawa Teachers'

College

Ottawa Teachers' College

-St. Pat's College

-Queen's

-Carleton

-Ottawa Teachers' College

—Carleton

Ottawa University

Algonquin College

-Carleton

-Carleton

-Ottawa Teachers' College

-Carleton, St. Patrick's College

—Carleton

-Bowmar Canada Ltd.

-Canada Dept. of Agriculture

—Queen's

-Carleton —Carleton

-Champlain 13

University of Toronto

-Carleton

—Ottawa Teachers' College

—Carleton

-Dept. of Energy, Mines, & Resources

—Waterloo

Working for gov't.

-St. Catherines, Teachers' College

-O.P.P.

-Carleton

-Ottawa Tech., Gr. 13

Algonquin College

-Metropolitan Life -Algonquin College

-Ottawa General Hospital

-St. Pat's College

-Carleton

-University of Ottawa

-National Film Board

-Carleton

-University of Ottawa

—St. Pat's College

–Ottawa Teachers' College

—Ashbury

-University of Ottawa

KILBURN, Kathleen E.

KIRKHAM, Judith B. KLINKENBERG, Peter KNAPP, Sharon L. KRASCHEWSKI, Helmut KUHN, Margaret W. LEIGH-SMITH, Nancy C. LETOURNEAU, Carmen B.

LEVAC, Diane M.C. LYNCH, Brian G. McAINSH, David S. McCOOEYE, Eric McCUAIG, Carol A. McDONALD, Robin A. McFARLAND, Catherine E.A. Ottawa Teachers'

McMULLEN, Gilbert MIEDEMA, Peter T. MILICAN, Bryan M. MOFFIT, Debbie J. MOON, Donna MOONEY, Bruce

MOORE, Robert E. MORELAND, Sally MORTIMORE, Michael D. NETHERCOTE, Warren C.E. -Carleton PEARCE, Mollie PHILLIPS, Susan M. PILON, Jeannette I. PORTER, Doug PRATT, Richard C.W. RADLEY, Gertrude A. REARDON, Mary REID, Brian M. REID, Michael Gildroy ROBERTSON, Brenda L.

ROBERTSON, Ruth H. ROCHELEAU, John C. ST. PIERRE, Jean-Claude SARANTOS, Linda A. SCHWABE, Walter C.

D

SCRIVENER, Ann V.M.

SHERIN, Wesley G. SHIELDS, Patrick SHULHAN, Guy M. SNIDAL, Robert C. SPURR, John C. STANIFORTH, Susan K. STEVENS, Perry R. STINSON, Robert L. SUMMERS, Lynne

SWEETAPPLE, Linda M.

THOMAS, Grace H. THOMPSON, Gav. TIMS, David D. TODD, Allan M.D. VAN RYSELL, Allan D. VERVOORT, Joanna E. WATERFIELD, William WATKINS, Stephen C.L. WATSON, Douglas M.

WEBSTER, Clarke L. WILSON, Barbara J.

-Dept. Defence Production

-Metropolitan Life

—Carleton

—American Can Co.

-Waterloo

-University of Toronto

-Western

-Ottawa Teachers'

College

-Dental Office

-Spartan Air Services

-Algonquin College

-Carleton and Working -Atomic Energy, Gov't.

-Royal Military College

College

-Working at Ogilvy's

-Carleton

-Waterloo

—Western

Algonquin College

-Kemptville Agricultural School

-Carleton

-Algonquin College

-Ridgemont

Ontario College of Art

-Carleton

-Metropolitan Life -R.C.M.P. - Regina

-Carleton

—Queens -Algonquin College

-Dept. of Transport

-Montreal General Hospital

—Carleton

-Carleton

-Air Force

-Carleton -Ottawa Teachers'

College -Ottawa Teachers'

College

-Carleton -R.C.M.P. - Regina

-Carleton

—Carleton

- ?

-Carleton

-Carleton -Waterloo

-Craig Construction Equipment

–Ottawa Teachers' College

Atomic Energy, Ottawa

-Metropolitan Life

-Mines in Sudbury

-Lakehead University

— ?

-Carleton

− ?

-Carleton

—Carleton & Computing **Devices**

-University of Ottawa

—Ottawa Teachers' College & Carleton

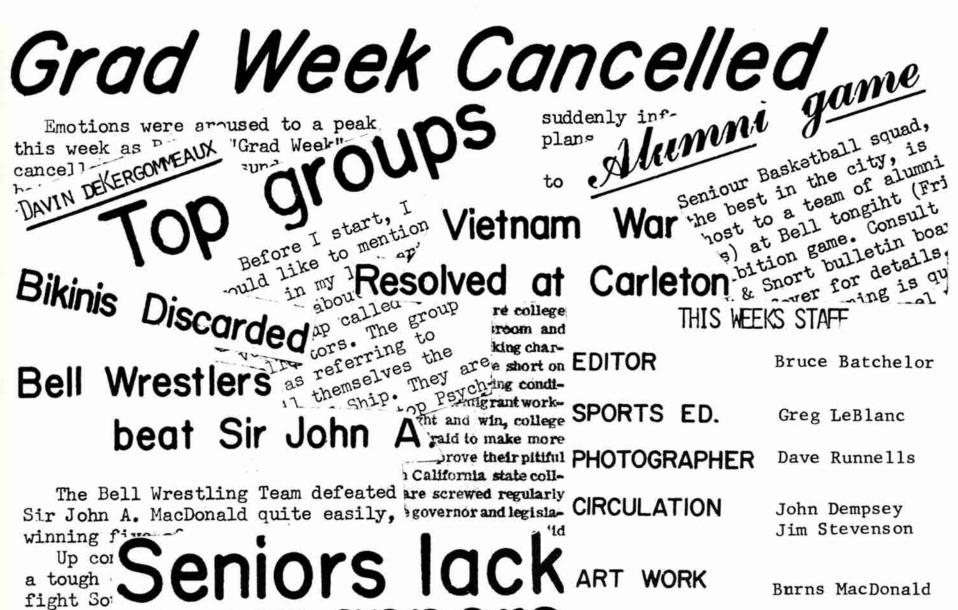
Sound of the Bell



in the near future is Manners' Laurentia Manners' Laurentia Manners' Laurentia

BACK ROW: D. Walls, G. Le-Blanc, B. Batchelor, J. Davis, B. Skinner, J. McBurney, J. Kennedy, R. Heuchan, D. De-Kergommeaux, T. Cote, D. Runnels, B. Connel, MIDDLE ROW: K. Forster, D. Rowe, D. Wigmore, P. Mark, J. Struthers, K. Burnett, J. Bulman, A. Jackson, A. Hill, J. Lynch, G. Reardon, N. Reeves, R. Wyck. FRONT ROW: S. Roberts, P. DesRosiers, N. Martelock, L. Schwartz, J. Burchell, S. Sherwood, M. Pollard, J. Campbell, K. Devlin, S. Steven-

Gerry Reardon





BOOSTER CLUB

TOP ROW: T. Cote, P. Whiticar, J. Kennedy, P. Ridout, J. Prest, T. Townsend, R. Sim, G. LeBlanc, B. Batchelor, B. Ouellet. CENTRE ROW: Mr. Jensen, L. Donovan, N. Poole, J. Lynch, S. Hamilton, J. Stevens, A. Jackson, D. Doyle, A. Hill, L. Snidal, D. Wigmore, C. Kents, L. Crosby. FRONT ROW: S. Roberts, S. Stevenson, D. Christie, B. Hunt, D. Harper, G. McBurney, M. Burns, G. McGee, R. Wick, K. Forster. ABSENT: Paul Vincent.

This year the Booster Club was quite active. We helped supply extra late buses for hockey games and also organized special buses to hockey and basketball games that were away from Bell. A basketball game was held to raise money for the support of various athletic activities. It was played between the teachers and the Senior boys' team. The teachers received support from Jay Roberts of the Ottawa Rough Riders and formerly of the Ottawa Braves basketball squad, but they were unable to defeat our Bruins. The Booster Club has tried to let the student know what's going on in the school by making signs with the new machine. We also sold Bell Booster buttons to try and boost School Spirit. I hope we succeeded. Many thanks to our teacher advisor Mr. Jensen for his help in planning and carrying out our many activities.

SKI CLUB

BACK ROW: Mr. Stunnel, J. Pollard, D. Heslop, D. Salsbury, P. Green, R. Hembruff, D. Walls, R. Mallory, P. Hebbert. FRONT ROW: J. Reid, B. Buchanan, A. Cummings, P. Cheney, D. Agnew, C. Yellowless, L. Merryweather. ABSENT: B. Wilson, R. Cambell.



Bell's Ski Club this year has been extended to encompass the clubs of two other schools; Sir John A and Confederation. The amalgamation was necessary because of the inability of each school to raise the necessary bus-load of students on its own. The ski trips this year included ones to Edleweiss, Mont Ste. Marie, Camp Fortune for night skiing and one major trip to Mont Tremblant during the winter holidays. Our thanks to Mr. Stunnel, our advisor, who donated his time and many of his initials to our ridiculous schemes and to Miss Pritchard for her able assistance.



TOP ROW: D. Forgey, R. Reithmeir, R. Smith, D. Avis, S. McLean, B. Lillicrop. BOTTOM ROW: J. Stevenson, T. Bond, J. Carter, R. Hembruff, G. Tite.



TOP ROW: W. Lytle, J. Lynch, S. Johnston, H. Farrell, A. Edwards, D. Doyle, J. Bulman, J. Tennucci, P. Walton, H. Jackson, M. Anderson, M. Van der Maas, S. Bangs, J. Macauley. MIDDLE ROW: K. Devilin, J. Fisher, C. Chafe, R. Wick, A. Long, G. Pynn, D. Wigmore, N. Martlelock, J. Paithouski, D. Campbell, S. Roberts, J. Thorsteinson. BOTTOM ROW: V. Rochester, C. Crockett, E. Wade, K. Houliston, K. Forster, J. Addisson, J. Burchell, P. Gould, A. Josephs, M. Marcotte.



BACK: M. Betts, M. Law, S. Hoy, D. Harrison, C. Holmes, J. Lynch, D. Agnew, K. Forster. FRONT: I. Crandall, K. Bricken, J. Campbell, P. Miller, W. Brown, A. Long, L. Schwartz.

HI - Y

This year has been a very successful one indeed for the Girl's Hi-Y. The year began with a bang as the new members courageously participated in initiation ceremonies. We then channeled our efforts into the sale of tulips to aid in the Y.W.C.A. building fund, and campaigned for United Appeal — also a Y.W.C.A. project. To aid the Students' Council we sold school rings and pins as well as contributing to the prizes of our "Snow Queen." During the Xmas Holidays we delivered a Xmas package to a needy family of nine children. Of course the highlight of the year was our annual dance — Sadie and Sam Hawkins. All in all, it has been a very active year.

SMITH FALLS

The job of the volunteers is not an easy one, giving up their Sundays, their days of leisure, to visit the mentally retarded children at the Rideau Regional Hospital. Besides providing these children with a very important contact with the world outside the boundaries of their small lives at the hospital, the volunteers themselves gain much in learning more about mental retardation — the reality of it and the invalidity of many common beliefs about it.

We volunteers have been a very small group, but we hope that in some way we have succeeded in leaving worthwhile ideas with "our kids" at the hospital. My very sincere thanks to the dedicated few who turned out regularly. I hope that you, like myself, have been enriched by the unique experience.

BACK: A. Long, E. Cornel, P. Chinney, J. Bulman, J. Tunmici, A. Jackson, S. Hoy, D. Agnew. FRONT: N. Martelock, A. Cornel, R. Darling, D. Walls, I. Crandall, L. Schwartz.

D. Walls



KEY CLUB

Key Club is an international organization for High School boys. Modelled after its parent club, Kiwanis International, Key Club is a service club dedicated to serving the school, the community, the nation.

Bell High School is very fortunate to have a boys' club with an official Key Club Charter.

BACK: G. Leblanc, C. Prockiw, B. Carter, Mr. Gibson. FRONT: S. McLean, D. Moffet, R. Hembruff, ABSENT: J. Skora, G. Plunkett, R. Bachand, B. Freeborn, P. Whiticar, M. Floyd.



FRONT: M. Pollard, L. Seabrook, J. Skora, D. Wigmore, D. Heslop, C. Winterwerb, B. Douglas, P. Parsons, E. Bonga, C. Fallows, J. Radley, C. Patterson, N. Pollard. SECOND SEATED: C. O'Connell, S. Keehner, I. Greigg, D. Phillips, K. Kipp, K. Irvine. THIRD STANDING: M. Armitage, D. Moffet, R. Gould, G. Bower, G. Tite, M. Harris, D. Salisbury, J. Pollard, E. LeRoy, A. Edwards, T. Bond, S. Roberts, L. Malcolm, S. Burns, R. Bennett, M. Gillespie. STAGE: Mr. Wood, B. Gachnauer, J. Stevenson, B. Batchelor, I. Dodge, K. Adams, G. Williamson, S. Black, S. Gara, J. Craig, Mr. Biolcati.

"If music be the food of love, play on!" Truer words were never spoken, especially if they are applied to the Bell High Band. This year's debut into the world of music began on Dec. 1, when the Senior and Junior Bands, and Bell Singers put music into the hearts of the many people who attended our "Musical Evening."

There is more to come! Under the capable direction of Mr. Biolcati; the Senior Band plans to take in some of the sights of New York, when we visit Syracuse for the N.Y. State Festival, and Rochester for a Band exchange. A little closer to home, Mr. Biolcati and Mr. Wood, our new assistant, plan to enter the bands in the Ottawa Musical Festival. Right now, our goal is in the theatrical world when Bell presents the "Bells are Ringing." We sincerely wish to thank the students and staff for their support and a "Dedication to the Ones We Love" goes to Mr. Biolcati and Mr. Wood.

The Bell singers started off the year as a great success. They performed superbly at our Christmas concert and gained immense popularity. The girls hosted the Ottawa Technical Boys Choir on their visit to Bell. Interesting plans for the future are in store for the singers because of promising results shown in past performances. Their itinerary will include festivals, concerts and perhaps trips to other cities. Under the capable direction of Mr. Wood the girls look forward to performing in forthcoming musical events wearing their new gowns. Auditions are still open for anyone interested in joining.

FRONT: C. Mighton, J. Heeley, L. Isaacs, C. Anderson, N. Cochrane, J. Mortimer. CENTER: Mr. Wood, B. Swaffer, C. Williams, L. White, A. Bennetts, K. Adcock, P. Desrosiers, E. Hilks, A. Kerr. BACK: S. Greenslade, D. Scheunaman, D. Smith, M. VonHagen, J. Bulman, S. Easton, S. Fitzimmons, J. Vona.





U.N. CLUB

This year the U.N. Club, although small, has been very active. We got Mr. Nesbilt, who has been on the Canadian delegation to the United Nations for many years to address the school on United Nations Day. At Christmas we sold Unicef Christmas cards, In January and February working with the World Affairs Club we got two very interesting speakers, one from the Arab Information Center and another from the Israeli Embassy to speak on the Middle East. We represented Yugoslavia and South Africa at the mock General Assembly held at Carleton University. Future plans include attending some of the Central Ottawa U.N. meetings as we did last year.

Mr. Hartwell, R. Warburton, J. Gelblum, J. Bulman, J. Stuart, B. Richardson, K. Burnett. ABSENT: C. O'Connell.

WORLD AFFAIRS

This is the first year for this club and we hope to have an exchange with Washington D.C. in the spring. We also hope to have Bell High School recognized as a UNESCO school.

FRONT ROW: F. Olberg, K. Burnett, J. Burchell, K. Devlin, C. Chafe. BACK: B. Grant, M. Collins, D. Avis, D. O'Brian, R. Olberg, B. Pearce,



LIBRARY CLUB

At the time of writing-the end of January-27 Library Club members had helped to process, care for and circulate 14,500 books, since school opened in September. They make daily checks of shelves, help with displays and desk work, file cards and other information, as well as stamp books and paste in pockets. Their service to the school library is indispensable.

BACK: Miss Pritchard, K. Jones, J. Thorsteinson, P. Mark, Y. Guerette, B. Klinkenberg, J. Perrins, T. Gorham, J. Ladouceur, J. Pollard, K. Reid, J. Paithowski, E. Hilkes, Miss Wilkinson. FRONT: K. Mighton, J. Fong, K. MacDonald, L. Harvey, S. LaBonte, C. Anderson, B. Swaffer, M. Brown. ABSENT: K. Deeble, M. von Hagen, J. Bulman, B. Charuba, J. Stuart.



CAMERA CLUB

This year Bell's Camera Club has gotten off to a good start. We have ten student members all of whom use the darkroom, which is located in the main hall beside the girl's gym. We also have a few staff members who are very interested, and use the darkroom frequently such as Mr. Last of the Geography department. Mr. Basford of the chemistry department is our staff advisor and although he left his camera in England he is a very enthusiastic leader. The Camera Club's main purpose this year is to provide a fully equipped darkroom for the member's use, but we are also making plans for "camera days" and picture displays etc.

BACK: Mr. Basford, B. Leitch, G. Bower, B. Hudson, Mr. Last. FRONT: R. Oleberg, C. Chafe, D. Runnells, J. Craig.

SCIENCE CLUB

The teacher - advisor for the Science Club is Mr. Mooney. This year we have had a field trip to the Britannia Water Purification Plant, and an interesting discussion about Unidentified Flying Objects. Experiments have been conducted to produce acetylene and next week we will be making nitric acid. Later this year several films will be shown and in the spring a field trip is planned to the Bonechere Caves.

BACK: B. Klinkenberg, D. Sulsbury, G. Davy, B. Cook, D. Heslop, Mr. Mooney. FRONT: N. Heseltine, J. Prest, B. Richardson, C. Patterson, B. Oleberg.

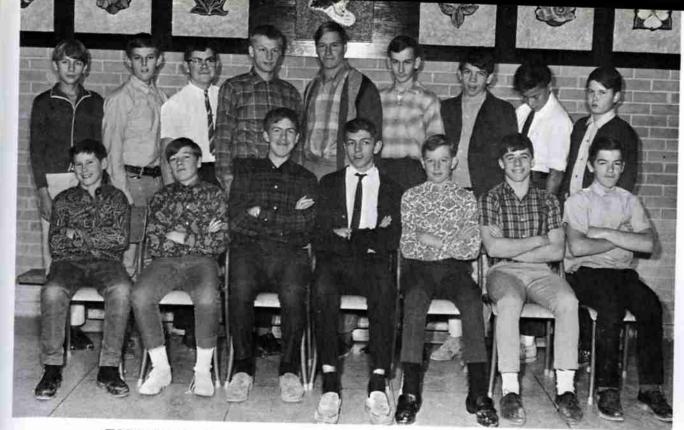


RADIO CLUB

This year a new club was formed, and within a few months it became one of the most well known. Financial backing came from a Car Wash, selling food at dances, running the check room and even venturing their own dance, however it was the incredible enthusiasm of the club which made it so successful. With the aid of the Students Council the club finally bought the \$200 worth of equipment needed to put the station on the air.

Success is due to president David Avis who took the initiative to start the club; Mr. R. Grant who gave his full support and finally the membership who gave their time and enthusiasm.

BACK: B. Gochnauer, P. DeBruyn, I. McDonald, T. Gorham, R. Mortimer, I. Falconer, M. Thompson. BACK: D. Swanson, G. Giles, D. Avis, J. Bulman, J. McKay, K. Kimokevsky.



TOP ROW: B. Klinkenberg, D. Campbell, T. Gorham, R. Klinkenberg, J. Buchanan, J. Turnbull, L. James, R. Mortimer, J. LaDoucer. BOTTOM ROW: J. Hanrohan, ??, J. Pratt, D. Avis, H. Krush, D. Birch, L. Swabbe.

CHESS CLUB

The Chess Club got off to a very good start this year with a membership greatly exceeding that of last year. In the elections Perry Stevens was voted in as co-ordinator, John Pratt as Vice President and David Avis as president.

Unfortunately due to the untidiness of some of the members the club was closed down during December, but opened again in the spring term. Players are not working towards the big tournament in June when trophies will be awarded to the top three players.

FOLK GROUP

Mind relaxes, And slowly wanders Through the fantasy fields Of mystery Drawn before us, By a rainbow of sounds, With complicated simplicity. Munching lunches Or after school snacks, Souls find expression Smiles broaden, feet tap, Heart beats with tempo To kaleidoscope words In a Chemistry classroom retreat. Amid school desks cluttered With sheet music, guitars, Humming and strumming people. WE find Bell High's FOLK CLUB BAND.



TOP ROW: C. Chafe, K. Steup, M. Smith, J. Bulman, A. Sheuneman, D. Hoy, F. Fuchs, K. Burnet, S. Zurawlev, M. Smart, J. Burchell. CENTRE ROW: P. Kluver, P. Smith, G. Young, L. Smith, D. Campbell, F. Caron, K. Kipp. BOTTOM ROW: L. White, K. Williams, S. Summers, S. Roberts, M. Marcot, K. Devlin, D. Wilhelm.

better



Coca-Cola and Coke are registered trade marks which identify only the product of Coca-Cola Ltd. With Compliments of

Computing **Devices** Canada Limited

Box 508, Ottawa 4, Ont.

Compliments of

Hodgins Lumber

Cornwall

Morrisburg

Brockville

Ottawa

compliments of a GLEBITE! think

Lynwood



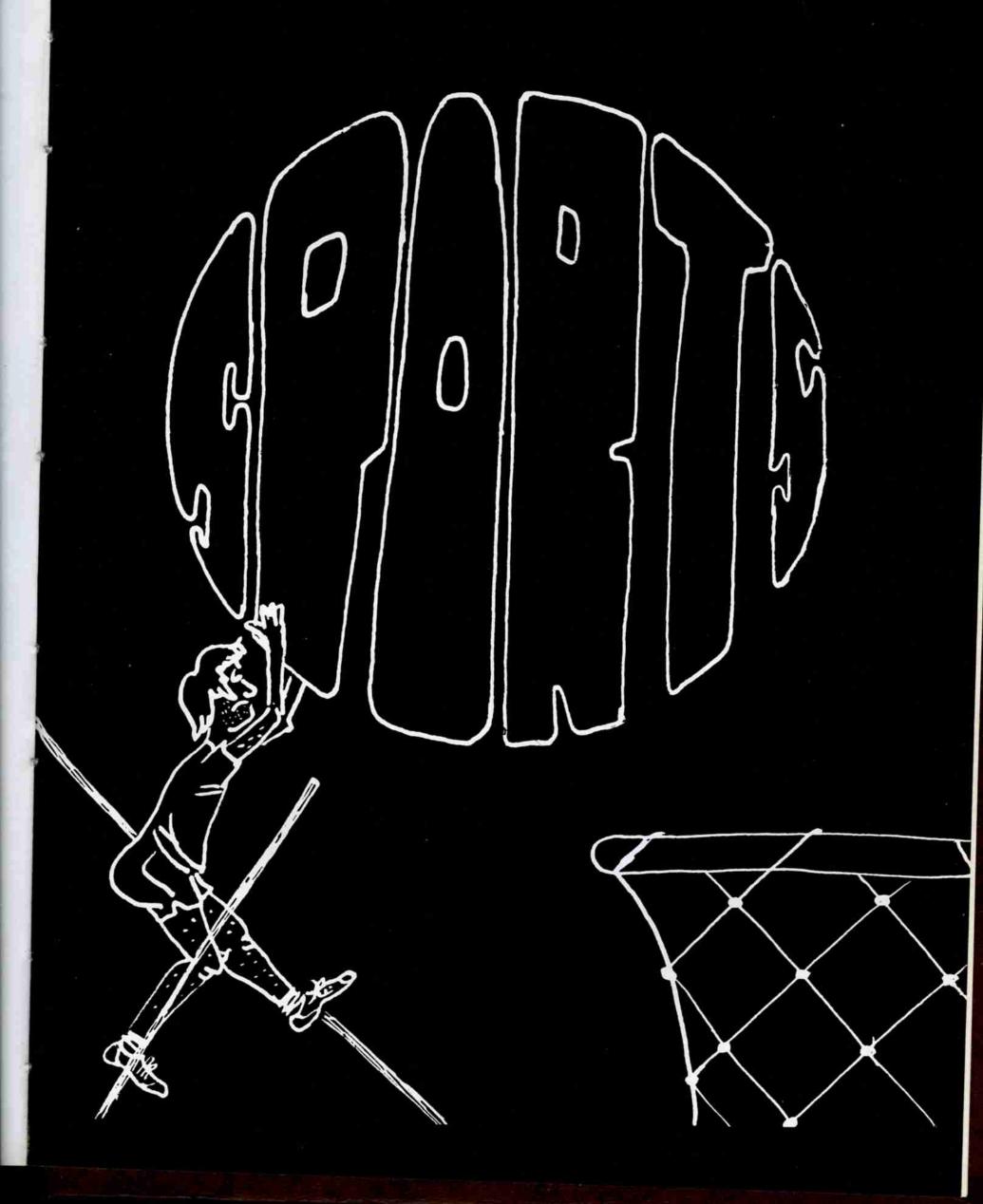
Pharmacy

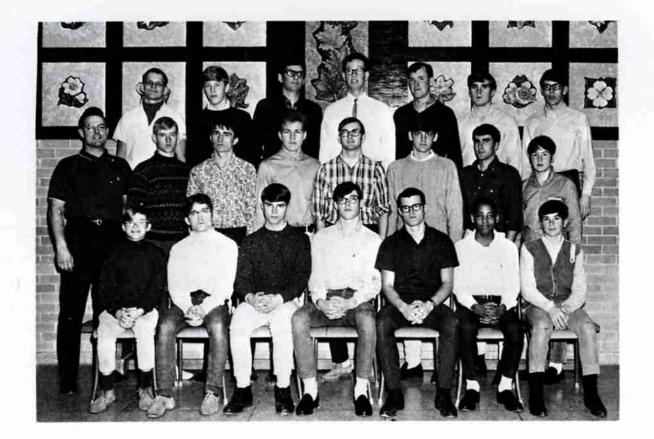
70 Northside Rd. Ottawa 6

> 828-7602 828-7625

Bell's Corners Rexall - Cosmetics **Drug Sundries and Notions**

Free Delivery Service





TOP: S. McLean, G. Yellowlees, G. McBurney, P. Ridout, B. Skinner, D. Connell, J. Gale. CENTRE: Mr. Neff, T. Kroeger, R. Hembruff, G. Bower, T. Cote, G. Smith, B. White, K. Hayes. FRONT: J. Pollard, B. Connell, L. Coker, R. Heuchan, D. Williams, S. Dyck, R. Mallory.

BOYS'

The B.A.A. has been moderately active this year mostly in the business of organizing and co-ordinating inter-form sports. They were co-organizers of the Sport's Day at Bell where Ernie Calcutt was guest speaker and several trophies were awarded. Also on Sports' Day was an Artorama in the Gym invented by the G.A.A. and jointly run by G.A.A. and B.A.A.

ATHLETIC ASSOCIATIONS

GIRLS'

This year the G.A.A. increased its executive to take in more girls of the lower grades. This proved to be very profitable as an overall increase in support was shown throughout the year. The G.A.A. with the support of the B.A.A. were engaged in many new activities: The Bell Athletic Day was started this year with hopes of being continued next year. Also the renewal of the Athletic Banquet was accomplished this year.



TOP: P. Corbeil, K. Rodney, M. Sutton, Y. Tschaikowsky, L. von Hagen, J. Porter, P. Walton, D. McBurney, B. Peters, C. McLauchlin, D. Cozens, S. Bangs, R. Geddes, M. Smith, CENTRE: A. Josephs, N. Reeves, S. Bradley, E. Bell, A. Long, S. Woodward, P. Parsons, S. Roberts, S. Hatch, Mrs. Gillick, FRONT: L. Brett, J. Collins, N. Martelock, A. Edwards, D. Doyle, J. Reid, K. Houleston, M. Gillespsie, J. Reid.



BACK: N. McLean, K. Adcock, J. Phillips, P. Roberts, Y. Guerette, J. Peacock, J. Skinner, J. Province. FRONT: B. Brennan, S. Carroll, A. Holtz, F. Mortimer.

MAJORETTES

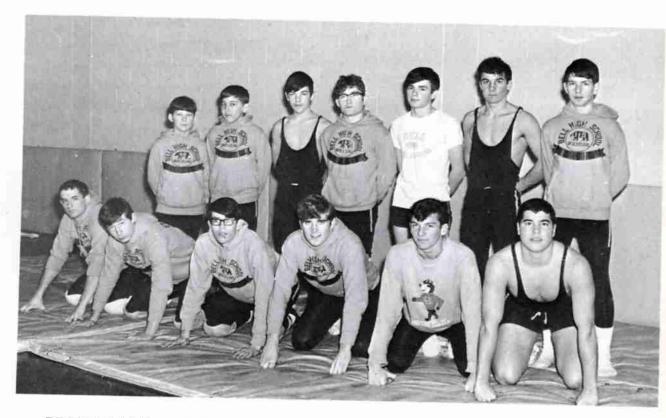
The Girls with the Twirls

The Bell High Majorettes have really been in the twirling action this year. The group was organized early in October and have been on the go ever since. To become a majorette the girls had try outs and we are glad to say everyone made it. The corps consists of fourteen twirlers, Miss McCarnan as head director and Ann Holtz the instructor. The girls practice steadily two nights a week and when performing for school activities, at lunch hour also. The team works hard at their various marching, dancing, and twirling routines to make their show outstanding. The girls are always kept busy performing at concerts, assemblies, basketball games and many other school happenings. Having a wonderful and successful time in '67 we hope that it will be bigger and better in 1968. On behalf of the Majorettes the Best of Luck to all Bell students.

WRESTLING

Bell's wrestling team started practising, as usual, in early November. At first things looked bad, due to a poor turn-out. We had lost several fine wrestlers and our coach, Mr. Harris. However, as the season progressed, the turnout improved and several new boys have developed into fine wrestlers under the coaching of Glynn Shannon.

We are looking forward to being the first of Bell's teams to complete three undefeated seasons, and hope to retain the Ottawa Valley Championship for the third straight season. Thanks go out to Glynn for the fine job he has done in coaching us.



FRONT: B. Williams, B. Ouellet, J. Gale, D. Connell, U. Boehme, J. Kennedy. BACK: P. Hebbert, B. Mortimer, L. Schaube, B. Connell, D. Johnston, D. Gimmer, R. Webb. ABSENT: G. Shannan, J. Pollard, D. Hickman, T. Anderson, R. Innis-Smith.



BACK ROW I-r: Karen Forster, Heather Leben, Barb Burns, Jane Macaulay, Cathy Rodney. FRONT ROW: Sue Roberts, Barb Hunt, Pat Gould.

SENIOR CHEERLEADERS

"We Strive to Attain"

We enjoyed this year immensely, especially bringing the honour of second place in the Campus Club Cheerleading Competition, to Bell.

We sincerely tried to boost the spirit at all of Bell's Athletic events and we wish to thank all those who yelled with us.

Special mention must be given to Glenice Gibson and Elain Fletcher both of whom helped out in times of need.

We must not forget our patient and willing coach Miss Aronovitch who spent many long and tiring hours at all our practices.

So don't forget when we yell, everybody yell..... YEAH BELL!

JUNIOR CHEERLEADERS

The Junior Cheerleaders, coached by Miss Aronovitch lost three members around Christmas. Debbie Belding, Brenda Smallman, and Jean Stone were replaced by Rita and Jeanne Wright, and Jill Harper. This year the girls cheered at assemblies, pep rallies, for Junior Girls and Junior Boy's Basketball and joined the Senior Cheerleaders at football and hockey games. The girls have been very successful this year and all the teams which they have cheered for greatly appreciate their enthusiasm.



FIRST ROW I-r: Kathy Hunt, Mary Carman, Leslie Merriweather. SECOND ROW: Cindy Burchell, Jean Stone. THIRD ROW: Gail MacKenzie, Debbie Belding, Donna Hall.



TOP: B. Grant, B. Leich, J. Lynch, S. Hoy, A. Edwards, D. Doyle, S. Gunnis, D. McDowell, G. Irving, Mr. Zambonini. FRONT: K. Devlan, B. Pierce, D. Agnew, Y. Tschaikowsky, P. Cheney, J. Gowland, J. Addison, A. Cornel.

SENIOR

The Badminton Club this year was not as strong as it was last year. There was a large turnout for the girls' teams but very few boys turned out. However, we entered three tournaments with moderate success, but gained experience and enjoyment.

Special thanks go to our coach Mr. Zambonini and all the other teachers who turned out to give us instruction and practice.

BADMINTON

JUNIOR

While most students are enjoying the hockey game every Friday after school, there is a select group who bat birdies about the gym. These great badminton players have been active since near the beginning of school. Ian Dodge and Keith Adams were brave souls and entered the R.A. tournament at Christmas. They won one game and lost the second but hope to improve their record in forthcoming competitions. We are all grateful for the time Mr. Zambonini has devoted in order to make this club possible.



TOP: K. Adams, L. Malcolm, D. Phillips, I. Dodge, R. Wilson. FRONT: J. Ladouceur, J. Reid, W. Atkinson.



BACK ROW I-r: Rick Bachand, Bill Doyle, Bill France, Chuck Proquiw, Scott McLean. MIDDLE ROW: Dwight Miles (mgr), Dan McDowell, Brian Denbigh, Ross Heuchan, Ed Shimoon, Mr. Stunell (coach). FRONT ROW: Peter Whiticar, Steve Bolton, Ralph Hembruff, Garry Duke, Bruce Batchelor, Barry Carter.

SOCCER

The Soccer Bruins were the most ornery group of bear - cats to ever work up a snarl and as the season progressed they began to channel their meanness into principaled play. Though their record stood something like 2 wins, 2 looses, and 4 ties, there was a huge sigh of relief among the leading teams when they learned the mighty Bruins had fallen a little short of play - off eligibility. Three of the four ties should definitely have been Bell victories. Penalty shots, restained from an over rambunctious defence, often proved to be the team's undoing. On the strength of the actual play however, all the applause meters gave us the victory sign. But applause metres don't win games.

It is difficult to pin point the strength and weaknesses of the daring Bell squad - there were players like Twinkle Toes Shimoon who played the ball like a Yo-Yo, Scotty McLean, famous for his flying acrobatics; Ralph Hembruff who loved taking swan dives in the mud; relentless Bill Doyle; Johnney-on-the-spot Steve Bolton; crazy legs Brian Denbigh; fearless Ross Heuchan and others of equally remarkable talent. To coach a team of such diversified skill and atheletes caused coach Stunell to seriously contemplete joining the hippie movement on the Sparks St. mall.

Many of the stalwarts will once again take to the field in a blaze of glory next year; this time with some finesse to go along with their growl.

FOOTBALL

Bell's only football team this year was entered in the intermediate league. The team worked hard all season, but was not rewarded as they managed only one tie in seven games. Many of the games were close and our team was always fighting right to the final whistle. The players would like to thank Mr. Clark and Mr. Salter for their tremendous effort in coaching the team.



FIRST ROW I-r: Rick Cheney, Steve Leppard, Doug McCrae, Cliff Brown, Dave Connell, Daryl Newell, Gord Plunkett, Doug Gimmer. SECOND ROW: Yves Laroux (Manager), Bruce Connell, Charlie Varden, Chris Falconer, Mike Kasouf, Mike Reid, Brian Hogg, Orval Fisher, Ray Holye, Brian Hill, Mr. Clarke. THIRD ROW: Dale Brousseau, Gary Tobias, John Kennedy, Rick Goodfellow, Paul Vincent, Rick Eldridge, Dave Phillips, Mark Armstrong, Ken Kingsbury, Rod Ennis-Smith, Bob Leitch. ABSENT: Mr. Saltor.



Despite the loss of many regulars from last year's Championship team, Bell still had an excellent hockey team. With the return of such "old-timers" as Steve Black and Bill Bell plus the addition of newcomers such as Don Wilson and Chris Gilbert, we were able to feature a very balanced attack. The stress this year was placed on defence, thus accounting for a number of close, low scoring games. The team got off to a slow start but caught fire at mid-season and finished very strongly.

HOCKEY

TOP: G. Leblanc, B. Doyle, S. Black, J. Irwin, M. Flatters, P. Brousseau. MIDDLE: Mr. Jensen, Wayne Kline, B. Marcellus, S. Burton, C. Gilbert, B. Bell, B. Skinner, Mr. Almstedt. BOTTOM: D. Wilson, J. Wakegijig, T. Porter, M. Venhola, M. O'Connor, B. Hale.

CURLING

The Boy's Curling
Club was much more active
and successful this season
than any previous one.
There was a strong membership of largely senior students
but several juniors did join
to carry on the club in future
years.

Bell teams were highly successful in winning the city championship and the Pepsi-Cola trophy and also winning the Technical H.S. Invitation. The members of the city championship team were Heuchan, Bachand, Sim and Heins. The Team that won the Herman Trophy had Cote substituted for Bachand. Both combinations proved winners. I am sure all members of the Club would like to thank Mr. Camelon for his guidance.



TOP: B. Freeborn, M. Heins, T. Townsend, J. Skora, K. Johnston, D. MacGrath, R. Sim. BOTTOM: B. Hudson, R. Bachand, B. Bennet, B. Beveridge, D. Kennedy. ABSENT: T. Cote, R. Heuchan, Mr. Camelon.



BACK ROW L—R: Manager Carol McLauclan, Brenda Peters, Brenda Clarke, Anne Edwards, Debbie Cosens, Debbie McBurney, Miss Rosenthall. FRONT ROW: Ingrid Lotz, Louise Crosby, Leslie Snidal, Diane Doyle, Gwen McDonald, Kathy Houlistan.

SENIOR GIRLS' BASKETBALL

SLOGAN: "We try harder."

The past season although not great did not suffer from the lack of enthusiasm or the enjoyment the girls gained. The team is to be congratulated on their fourth place finish.

The season was highlighted by many close games as the overtime victory against Nepean 26-27 is proof.

The team expresses their thanks to the "loyal few" and Mr. Never-Miss-A-Senior-Girls-Basketball-Game Jenson.

Their thanks is also extended to those who substituted while their coach was ill, Miss Wilson, Miss Thibeault and Mr. "Rebound" Stunnel. However, the bulk of their gratitude goes to an outstanding coach Miss Rosenthal.

JUNIOR GIRLS' BASKETBALL



BACK ROW L—R:
Manager Vivika Ohman
Joan Province
Tanya Young
Sandy Woodward
Donna Barnaby
Wendy Rowe
Miss Thibeault
FRONT ROW L—R:
Judy Seed
Nancy McLean
Pam Tobias
Joanne Porter
Judy Reid
June Fisher
Jarvis Peacock

The Junior Girls had another tremendous season. Their record was 9 wins and 3 losses. A one point win over Merivale allowed the team to advance to the city quarter finals at Lisgar where they were unfortunately defeated. Throughout the year the team was supported by Bell fans whom the team would like to thank. The entire team expresses their appreciation to their wonderful coach without whom they would have been lost. Thank-you Miss Thibeault!



BACK: C. McLaughlin, S. Bangs, D. McBurney, P. Walton, D. Doyle, P. Mark, R. Kemp, B. Peters, Mrs. Gillick. FRONT: E. Fletcher, P. Dvorak, E. Wade, A. Edwards, Y. Tschaikowsky, R. Boyd.

SENIOR

The Bell Senior Volleyball team has not won a game in two years and it was Mrs. Gillicks dearest wish and hope to win a game. This year she had the girls doing finger exercises and her favourite tortue of sitting for 3 min. in a 900 angle against the wall. The Interscholastic Volleyball was done a little differently this year. Four teams met and played each other twice. The ties were not broken and points were alloted for wins. The girls started off with two wins and were confident that the next few games would be better and they hoped to show something for their hard work and patient coaching. Thanks go to Pierre, our faithful mascot and Mrs. Gillick our coach for being so understanding in our wins and losses and keeping the team spirit alive.

GIRLS' VOLLEYBALL

JUNIOR

This year the Junior Volleyball team has been reinforced with fresh blood. Unfortunately one of our veterans broke her ankle in a skiing accident, but we are surviving thanks to the encouraging coaching of Miss Wilson. We won our first games by downing Confederation and Nepean two games apiece and hope to continue this record.



BACK: C. Jost, D. Barnably, M. Chinkiwsky, S. McLean, P. Cox, J. Province, Miss Wilson. FRONT: L. Mitchell, U. Sime, J. Reid, N. McLean, J. Peacock.



SENIOR

BACK: Mr. Stunnel, B. Beveridge, P. Vincent, P. Joynt, R. Smith, C. Pettis, M. Kasouf. FRONT: J. McCauley, M. Reid, T. Mahony, G. Tobias, B. Leitch, Y. Laroux, M. Glynn.

It appears that this year's Sr. Basketball team is better than last. The Bruins were the last city team in the Carleton Tournament during the Christmas holidays. At this point their record is 7-2 defeating a good Woodroffe team, downing St. Pius twice and Merivale twice by good scores.

The first string of Terry Mahony, who contributed his sharp-shooting to the success of the Bruins and John McCauley, his ability of being a constant fast-break threat and defensive star. Gary Tobias, another good shot played outstanding when having to defense the opponents big gun. Ron Smith and Paul Vincent supplied scoring punch when needed and kept the backboards clear for Bell. They were backed by able substitution of Joynt, Lietch, Beveridge, Laroux, Glynn, Pettis and Reid. Much credit must go to coach 'Cagey' Stunell and to Manager Mike Kasouf.

BOYS' BASKETBALL

JUNIOR

Under the capable coaching of Mr. Feagan the Junior basketball team has shown great improvement. The squad has a number of new faces and they are filling in for the players who moved up to the Senior's. Most of the boys on the team have a year or two left in Junior ranks and we expect to hear of many great achievements in the future.



BACK: Mr. Feagan, L. Wetmore, C. Falconer, B. Hill, G. Goodwin, O. Fisher, B. MacDonald, D. Patterson. FRONT: B. Baker, J. Ladine, B. Buse, E. Jacob, M. Armstrong, B. Grant, C. Vardon.



CROSS COUNTRY

TOP: N. Vallillee, M. Mc-Intyre, D. Forgie, T. Williams, B. Ouellet, B. Williams, BOT-TOM: D. Bingham, D. Grills, G. Leblanc, D. Williams, R. Gould, J. Pollard, S. Bolton.

This year Bell's Cross Country team distinguished itself at the two Ottawa Cross Country Meets. In the western division the Juniors placed first, the Intermediates second and the Seniors second. Bell was the strongest school at the meet.

But the West was only a preliminary to the City Meet. Again Bell made a strong showing. The Junior team of Grills, Pollard, Bingham and Williams placed first and brought home the Junior Trophy. The boys placed 3rd, 8th, 10th and 11th respectively. The Intermediate team of McIntyre, Gould, Vailille and Bolton placed second in the team standings with individual places of 3rd, 8th, 14th, and 17th respectively. The Senior team of Ouellet, Williams, Leblanc and Williams also placed second in their event with individual standings being 3rd, 5th, 8th and 20th. The three teams together won the Aggregate Trophy for the best overall standings in the three races by any one school. All in all the boys made a fine showing but it wouldn't have been possible except for the fine coaching of Mr. Almstedt.

TRACK fine coach

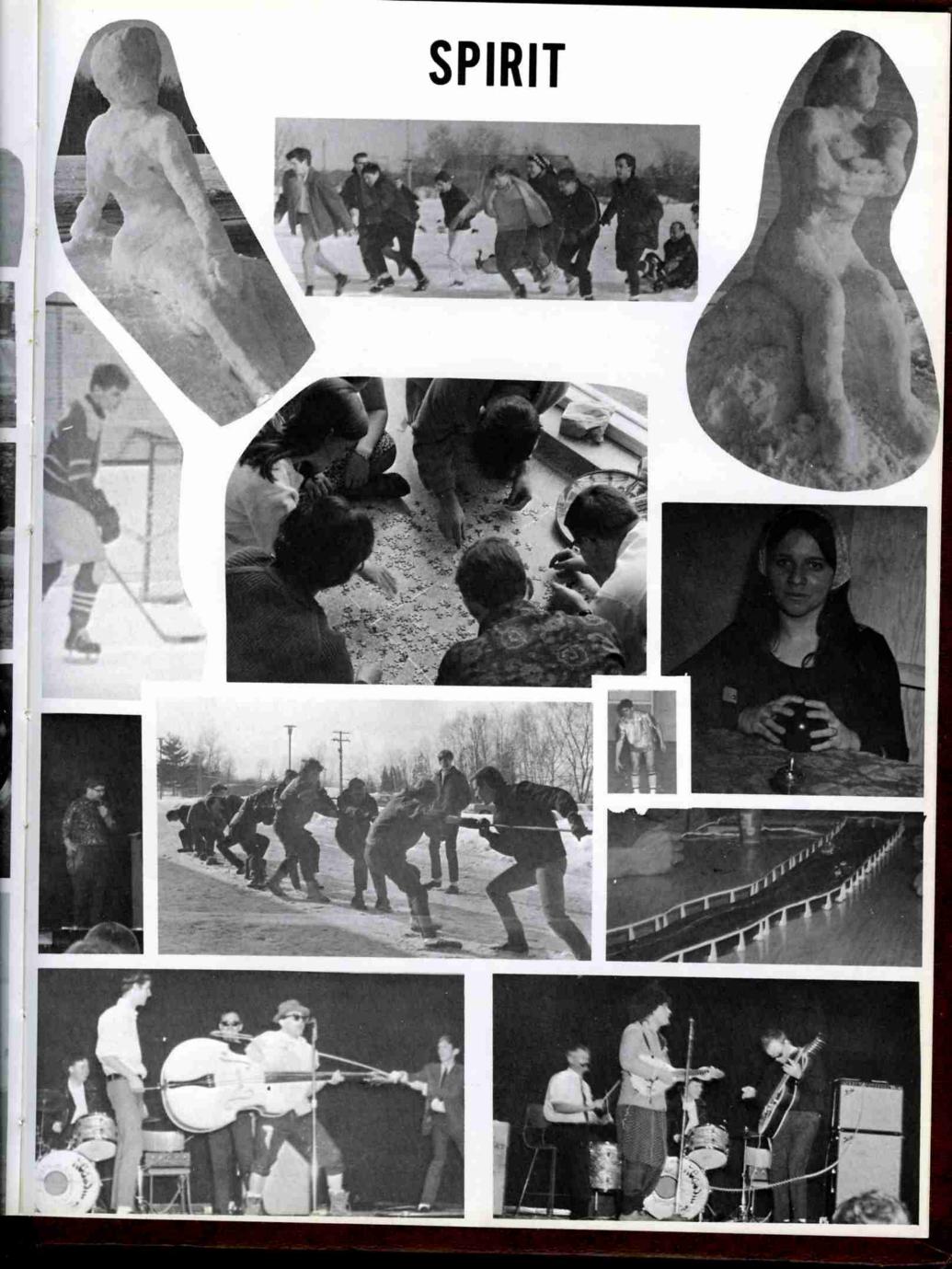
Last year the Track and Field team did very well in all the meets it participated in. The first of these was the West Ottawa Elimination Track Meet. This meet, along with the East Ottawa Meet, was an elimination meet leading up to the Ottawa Track Meet. In this meet the team did very well, and most of the members qualified for the Ottawa Meet. Again in this meet, despite the stiffer competition, the Bell athletes made a good showing and many proceeded to the Final meet, the Ottawa Valey Track Meet.

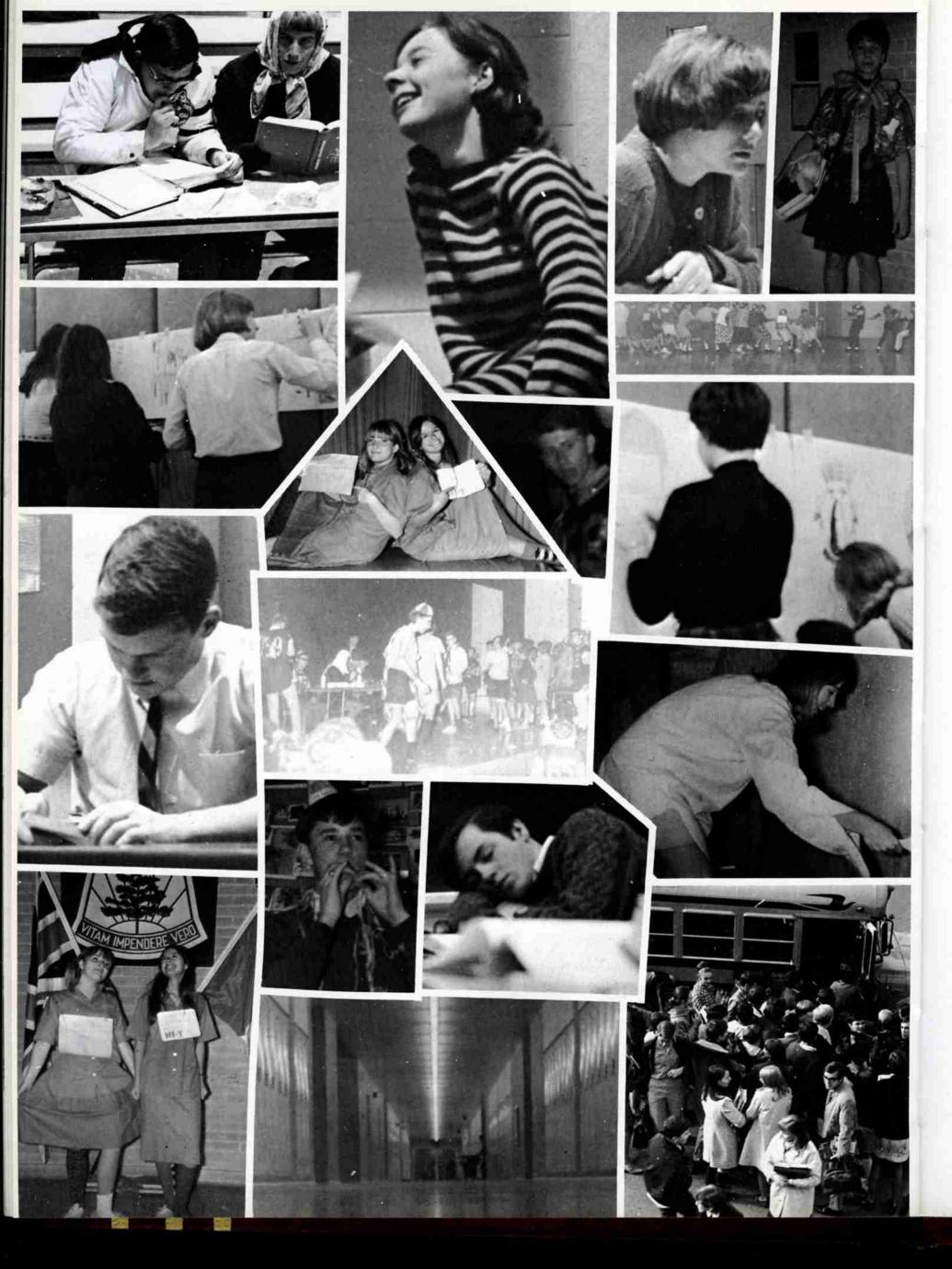
Each year Bell has more and more representatives in the Ottawa Valley Meet and I hope that this trend will continue again this year.



TOP: M. McIntyre, T. Porter, J. Kennedy, P. Ridout, D. Philips, D. Williams, B. Bell. MIDDLE: Mr. Almstedt, R. Hembruff, B. Carter, B. Ouellet, D. Doyle, Miss Wilson, Mrs. Gillick. BOTTOM: K. Forrester, Y. Tschaikowsky, J. Porter, D. McBurney, A. Edwards, P. Mark, J. Peacock.





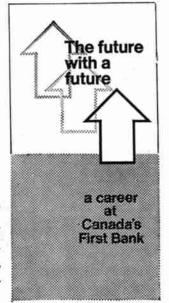


Sandra Stevenson Party A ale house to Dance vales Ray Pain adia da deser And San Bar Men Jew Balgher Con January and Edwards Compliments of Council '68

A B of M Career spells



Looking for an interesting career after high school? Find out now what the Bank of Montreal can offer you if you are willing to work and learn. Our interesting booklet "The Future with a Future" outlines the absorbing jobs and better opportunities in a career in banking. To obtain your free copy write to Personnel Manager, Bank of Montreal, 50 King St. W., Toronto 1, Ont. There is no obligation, except to yourself.



Bank of Montreal

Canada's First Bank



PRITCHARD & TAYLOR LIMITED







Sales Service & Parts
Full line of used cars

BELL'S CORNERS OTTAWA

828-5124



Ying King

Restaurant TAKE OUT ORDERS

open 11 a.m. to 1 a.m.

828-4652

HWY. 15 BELL'S CORNERS

Succ: Branch

Bell's Corners

Ontario

TA.8-5101

Manufactures LA SALLE LITE. Factories

Votre Centre d'Economie Familiale

Your Family Discount Outlet

STUDENT'S ABILITY TO SUCCEED **INCREASED**



Brad Doyle, University student, is a recent graduate of Evelyn Wood Reading Dynamics. He increased his reading speed from 550 to 4,500 words per minute with better comprehension and recall. Now, you can take advantage of this opportunity.
THE EVELYN WOOD READING DYNAMICS COURSE

1. TEACHES YOU how to read 5 to 10 times faster. 2. TEACHES YOU how to study, retain and recall more efficiently.

3. TEACHES YOU flexibility in reading and studying ... different kinds of printed material. 4. GUARANTEES triple improvement in speed with equal comprehension or full refund.

> Call or write for free booklet and summer schedules.

Evelyn Wood READING DYNAMICS

SUITE 309, BURNSIDE BLDG. OTTAWA 4, ONTARIO Telephone 237-3154

Andre Barber Shop

3754 Richmond Road

Open Tuesday to Saturday 8:30 AM to 6:00 PM

Congratulations to the graduates of

BELL HIGH SCHOOL from

Lynwood Optical Center

58 Larkspur Drive

Edward D. Ryde Optician

Phone 828-3746 **Bells Corners**

Nepean Animal Hospital

Consultation by Appointment

828-5144

Moodie Dr. at Hwy. 15

Compliments of

Art Brabant Shell



3726 Richmond Rd.

Bells Cor.

METROPOLITAN HAS OPENINGS FOR HIGH SCHOOL GRADUATES

Metropolitan offers:

- Good starting salaries regular increases.
- Excellent advancement opportunities.
- · Liberal vacations and holidays.
- Fun in many social, athletic and recreational groups.
- Appetizing luncheons.
- Well-equipped medical service.
- Life Insurance, disability, hospital, surgical, and medical expense benefits.
- A 30 minute head start on the five o'clock rush

IT'S FUN TO WORK WITH YOUR FRIENDS

Visit the Personnel Division anytime between 8.45 A.M. and 4.30 P.M. Monday through Friday.

METROPOLITAN LIFE INSURANCE COMPANY

CANADIAN HEAD OFFICE 180 WELLINGTON STREET-OTTAWA

Young Adults Prefer

The Journal

Ottawa's Leading Newspaper



COMPLIMENTS OF TOP VALU GASMARTS

LOCATION

Baseline & Woodroffe
Prescott Highway & Hogs Back
Queensway & Blair Road
Cumberland & George
450 Industrial Avenue
Canterbury & Arch

HOURS OF OPERATION

24 Hours, 7 days 7:00 a.m. — 7:00 p.m. 24 Hours, 7 days 7:00 a.m. — 7:00 p.m., 6 days 7:00 a.m. — 7:00 p.m., 6 days 7:00 a.m. — 7:00 p.m., 6 days



YOUR GUARANTEE OF QUALITY PRODUCTS AND FRIENDLIER SERVICE

